



### THREE MOMENTS OF THE SOCIOPSYCHOANALYTIC INVESTIGATION.

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The reunion taken place by the three groups of investigators who are at the moment dedicated to sociopschoanalytic investigations in Germany, U.S.A. and Mexico constituted one of the most important events in the academic life of the Instituto Mexicano de Psicoanalysis in the last years. During this meeting it was discused for the first time in open discussion and cordial differences and coincidences about important aspects in relation with one of the esential proposal of Fromm, the sociopschoanalytic investigations.

The reunion showed that the three groups present diferences, at the same time in the theoretical field as in the methodology of the sociopschoanalytic investigations.

Some of the causes of this differences were pointed aut by the same investigators, but something that I think that has not been taken into account is that each one of the groups was in contact with Fromm in diferent moments of his personal development. This maybe is clearer in the german investigators aproach. They give a lot of information on their physical and emotional responses when they are interviewing and during the sesions dedicated to score the



material. This procedure constituted a form of registering, very specially the transference and countertransference phenomenon, in a much wider and profound way than which is observed in the classic Freudian psychoanalysis. The very novel and interesting use that the German group does of the countertransference in the sociopsychanalytic investigation, I think is related to the most systematic and intense form with which Fromm practiced the Buddhist meditation in the last 10 or 15 years of his life, and relating it to his process of autoanalysis, this fact is described by Rainer Funk in the following way: "For the experience of the superior self, exercise and discipline is required; of this Fromm gave examples daily; between 10 and 11 he did respiratory exercises of movements and concentration, like the one he had learned from Nyanaponika Thera a Buddhist monk from Sri Lanka born in Germany. In parallel to the meditation exercises, Fromm did his autoanalysis daily based on his dreams. These two areas confirm the religious praxis by Fromm in his old age".

Like above examples and many others, this shows us the process of construction of the theory of Fromm and his personal development. This should be a field to investigate with more detail to be able to understand, maybe, some of the differences showed by the investigations of the three groups.