

F 30

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Sigmund Freud, The Ego and the Mechanism of Defense  
Internat. Univer. Press 1946 (originally published in 1936)

1) 700 3/4

Some analysts think that term p.-a. should be reserved for the new discoveries relating to the unconscious life i.e. the study of repressed individual wishes, affects & phantasies. There was some justification since p.a. theory "... built up as it was on an empirical basis, was predominantly a psychology of the unconscious, as stressed by the ego of the id. But the definition immediately loses all claims to accuracy when we apply it to psychotherapy. From the beginning, analysis, as a therapeutic method was concerned with the ego and its operations. The investigation of the id and its mode of operation was always a means to an end."

Traditional concept of primary process.

14

~~Let's analyze "Repression's attraction"~~

"We can speak of p.a. only when the direction of intention is twofold, now as the id & not as the ego, as distinct from the registered method of hypnosis."

702

Also thoughts can be repressed, if forbidden, w/ thought related to wish. They do mean that one does not want others to know for e. because one's knowledge will make action impossible or be humiliating, etc. (F's woman who plays helpless, in order to attract man, may not be aware of her intention - or might with different reason! Is this unc. ego? Trouble with all this terminology.



3 2/703

"The fundamental difficulties with qualia are all relatively less than it is a question of bringing id-derivatives into conscious view as one pre-text than a love to deal with the unconscious elements in the ego."

3 2/704  
18

"Large part portions of the ego in distribution are themselves unconscious and require the help of analysis in order to become conscious. The result is that analysis of the ego has assumed a much greater importance in our eyes. Anything that comes in the analysis for the part of the ego is just as good material as an id derivative. We have to learn to regard it as simply an intrusion of the analysis of the id. But of course anything that comes for the ego is also a resistance in any sense of the word: a force directed against the emerging of the unconscious or against the work of the analyst." Need to analyze "the ego's defensive operations in order to reconstruct the transformations that its instincts have undergone." But exclusive analysis of the patient's resistances would sacrifice completeness in analysis of id.

2/38

3 35/05

"It is the task of the analyst to bring into conscious view that which is unconscious, no matter to what psychic distribution it belongs" [id, ego, super-ego]  
Ego as defense



4) 47.705 10 methods of defence 9 + sublimation  
late identification with gender as  
part of defence.

repression as one of the 10 defences

5 58/4 706

"From an efficacy standpoint"

"In terms of quality it (repression) accomplishes  
more than they" [the other 9] "It acts once only, through  
the anti-censor, effected to secure the repression is a  
permanent institution (demanding) constant expenditure  
of energy... But repression is not the most  
effective, but also the most dangerous, mechanism."  
Repression leads to neurosis, the other 9 try with  
the normal.

5) 55/7 7107

"... the chronology of psychic processes is still one of  
the most obscure obscure fields of analytic  
theory."

"It will be probably best to describe them [chronology  
with class. of defence mechanisms] and instead, to study  
in detail the situations which call forth the defensive  
reactions."

6) 58/62 08  
1922

Motives for the defence against instincts.

- a) super-ego anxiety in the neuroses of adults.
- b) objective anxiety in infantile neuroses.
- c) instinctual anxiety ??

[Wilder: danger that the ego's sole organization  
may be destroyed or subverted.  
a) Latimer's need for isolation treatment.



61 62 709 / Lee A. Fr. p. 62 Remnants of castration left,  
intentional. Problem: principle of threat a force in  
society!

710 [ As to unconscious parts of ego: why not think  
of plan (f. ex. to read among) that is repressed, because  
it's consciousness would interfere with efficacy. Plan  
may be based on defense protection of self, hence  
no libido or destructiveness in it.

7 69 711  
Strength of resistance slows energy as to the state of repression.  
[ The sudden break through of projected resistance. While  
the condition of resistance is strength, that  
is method to penetrate it. This is not the  
same problem as studying the various forms  
of ego defenses.

19/186 '12  
"It remains an open question whether there is such  
a thing as a genuinely altruistic relation  
to one's fellow-men, in which the participation of one's  
own instinct plays no part at all, even in  
some displaced or sublimated form. In any case  
it is certain that projection and identification are not  
the only means of acquiring an attribute that has  
only appearance of altruism, for instance mother and  
easy route to the same goal is by way of the various forms  
of meso-socialism." (186 Fr)

What instinct? Love. Difference between sex & love in  
life in mind 188



1915. 1917

Psy. to pay paid relatively little attention to problems of adolescence.

18. 1917 714

"As our knowledge of the ego advances, a much more precise clarification of the defense mechanisms will be probable. become possible."

"Repression gets rid of instinctual derivatives, just as external stimuli are abolished by denial": etc. Reaction, formation planetary, inhibition in intellectualization ... ?

18 1917 15

Where does the ego derive the form of its defense mechanisms?

Instinctual and external stimuli

What are external stimuli?

dream work itself not performed by ego

716

[ Author in whole book seems only to think of libidinal forces, a sort of determinism? ]

717

[ Learning is not merely ego function. He says I learn in function of character & drive: reception, accumulation, production! ]

