

Propriety of the Erich Fromm Document Center. For personal use only. Citation or publication of material prohibited without express written permission of the copyright holder.

Eigentum des Erich Fromm Dokumentationszentrums. Nutzung nur für persönliche Zwecke. Veröffentlichungen – auch von Teilen – bedürfen der schriftlichen Erlaubnis des Rechteinhabers.

From Super-ego to Super-se

Sergio Caruso

Lecture presented at the International Conference about "Productive Orientation and Mental Health" on the Occasion of the 20th Anniversary of the International Erich Fromm Society, that took place October 29th to November 1 st, 2005, in the Centro Evangelico in Magliaso near Lugano / Switzerland. First published in the English version of *Fromm Forum* (English Edition - ISBN 1437-1189) 10 / 2006, Tuebingen (Selbstverlag) 2006, p. 43.

Copyright © 2006 and 2011 by Prof. Dr. Sergio Caruso, Facoltà di scienze politiche, Università di Firenze, Corso Tintori 8, I-50122 Firenze; E-Mail: caruso[at-symbol]unifi.it

Human psyche is a sense-making machine. How does it work? Dialogue and intersubjective relation are the only means we have to "make sense" of situations, compare meanings, produce new ones, and learn from experience: not only when together (which is only too obvious) but also when alone (which is less evident). Therefore any human subject may be conceived of as "polyphonic" (Bachtin), namely as an internal dialogue between ego and alter (Mead, Lacan and so many others). I call it "intra-subjective inter-subjectivity", and consider this ego-alter relation the basic a priori structure of consciousness, and of "moral sentiments" in particular (Smith). Both ego and alter are native functions of our mind created in the progress of evolution and, in a sense, void forms in a Kantian sense.

Within this perspective, history should not be regarded as less important, rather *more* important (as to how personalities take shape). In fact, while the functional form of *ego* and *alter* is natural, their content depends on one's personal history (*ego*) and the socio-historical background (*alter*). Actually, the latter largely determines what kind and type of object-relations are precociously internalized and, consequently, what kind and type of *alter* is bound to take shape as a result. Being re-shaped by its actual content, the form *alter* (much more than the form *ego*) should be considered as a variable liable to assume different values depending on epochs and the socializing context. Namely, we

find that:

| ALTER in archaic Greece is an | ALTER-VOS |
|--|------------------|
| ALTER in the classical Greco-Roman age | ALTER-NOS |
| ALTER in the Middle Age Christianity | ALTER-TU |
| ALTER in proto-modern age | ALTER-ILLE |
| ALTER in modern times | ALTER-EGO |
| ALTER in our post-modern days | ALTER-SE. |

Of course, I cannot provide here any demonstration of this scheme. It obviously requires that we largely resort to cultural studies and *Kulturgeschichte*, to reconstruct what the psyche of past ages might be like. I am working on it, but it would take too long time to give here even a *resumé*. So I will take it for granted, and only stress some implications.

- (1) Freudian Super-ego is the historical specification of something more general, just one variant of a multiform instance (call it Super-Alter): the only one Freud could observe in clinical practice, living in modern times. We should now regard it as a particular case, relating to the modal personality prevailing at that time.
- (2) This way of considering modal personality may have much to do with Fromm's theory of social character.
- (3) We seem to be, nowadays, at the end of a historical transition from one modal personality to the following, i.e. from the modern form of subjectivity (morally centred on the alter-ego image and psychologi-



Propriety of the Erich Fromm Document Center. For personal use only. Citation or publication of material prohibited without express written permission of the copyright holder.

Eigentum des Erich Fromm Dokumentationszentrums. Nutzung nur für persönliche Zwecke. Veröffentlichungen – auch von Teilen – bedürfen der schriftlichen Erlaubnis des Rechteinhabers.

- cally responding to the *Super-ego*) to the post-modern form (morally centered on the *alter-se* and psychologically responding to the *Super-se*). The former experienced feelings of loss and guilt, while the latter experiences feelings of bereavement and shame mainly.
- (4) The emerging structure of personality very much resembles what is currently called "narcissistic personality" by such authors as Kohut and Lasch. It is not necessarily coincident with narcissistic personality disorders in the psychiatric sense, but obviously re-
- lated to the growing occurrence of such disorders.
- (5) The outcome of this ego-to-self transition within the internal Alter seems to have much to do also with Fromm's account for the "marketing orientation" social character, and even more with other attempts to develop and adjourn Fromm's typology of social characters such as the "other-directed personality" in Riesman's The lonely crowd, and the "postmoderne Mensch" in Funk's Ich und Wir.